



# John Bunyan Primary School

## Lunch Menu – Summer 2024

Years 3,4,5,6 will be charged £2.00 per meal.

If you think you may be eligible for Free School Meals, please apply on

[www.essex.gov.uk/free-school-meals](http://www.essex.gov.uk/free-school-meals)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Homemade cheese & tomato pizza (v)/ Pepperoni pizza <u>or</u> Veggie burger in a roll (v) Sweetcorn, potato salad, coleslaw and salad bar  Natural yoghurt, fruit coulis and shortbread	Pasta bolognese bake <u>or</u> Jacket potato with tuna/cheese/baked beans (v)  Broccoli or salad bar  Victoria sponge finger	All day breakfast with sausage and bacon <u>or</u> veggie sausage (v)  Hash browns, baked beans, mushrooms, tomatoes or peas  Fruit or yoghurt	<u>Picnic day</u> Chicken in wrap with mayonnaise or sweet chilli sauce <u>or</u> Cheese and salad pasta pot (v) Noodle salad, coleslaw, pasta salad, salad bar Gingerbread person	Fish fingers or bubble fish <u>or</u> omlette (v) tomato ketchup  Chips, baked beans or peas  Banana or butterscotch mousse
WEEK TWO	Homemade tomato pasta with a sprinkle of cheese, garlic bread <u>or</u> Plant powered meatball wrap (v) Sweetcorn, broccoli or salad bar  Fresh fruit or yoghurt	Jacket potato with chilli con carne or cheese (v) <u>or</u> sweet potato and lentil curry with rice (v)  Salad bar, noodle salad  Orange and honey cake	Roast chicken <u>or</u> vegetable strudel (v)  Yorkshire pudding, roast potatoes, carrots/peas and gravy  Frozen mousse pot	<u>Picnic day</u> Fish finger wrap or cheese and salad pasta pot (v)  Potato salad, coleslaw, sweetcorn, salad sticks  Chocolate crinkle cookie	Homemade cheese and tomato pizza <u>or</u> vegan nuggets (v) tomato ketchup  Chips, baked beans or salad bar  Fresh fruit or yoghurt
WEEK THREE	Mince beef fajita <u>or</u> Cheddar cheese whirl (v)  Jacket wedges, broccoli, sweetcorn and salad bar  Pips organic ice lolly	Children's choice macaroni cheese (v) <u>or</u> Jacket potato with tuna/cheese (v)  Sweetcorn, coleslaw, salad bar  Fresh fruit or yoghurt	Roast turkey in a roll with cranberry sauce <u>or</u> Southern crumbed burger in a roll (v)  Peas, sweetcorn, salad bar  Chocolate muffin	<u>Picnic day</u> Sausage roll <u>or</u> vegan sausage roll (v)  Crisps, potato salad, pasta salad, sweetcorn, salad bar Milkshake and fresh fruit or yoghurt	Popcorn chicken <u>or</u> homemade quiche (v), tomato ketchup  Chips, baked beans/peas or salad bar  Oat cookie

All menus are subject to change. Fresh fruit, milk, and water are available daily.